

### COTTON INCORPORATED'S SUPPLY CHAIN INSIGHTS

# **ACTIVEWEAR** IN THE U.S.



HABITS OF ACTIVE CONSUMERS (EXERCISE AT LEAST 2 DAYS PER WEEK)

Average days/week exercise

71% exercise with moderate intensity 55% workout with others

54% typically exercise for 30-60 minutes

% REGULARLY EXERCISE



Outdoors



At Home



At a gym or public facility

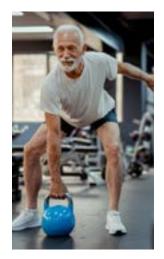
## TOP EXERCISE ACTIVITIES (% REGULARLY PARTICIPATE IN ACTIVITY)



75% Walking



54% Cardio training



40% Weight training



33% Running



**27%**Hiking

## TYPE OF CLOTHING WORN DURING EXERCISE

24%

Only activewear

35%

Mostly activewear

35%

Mix of active and non-activewear

6%

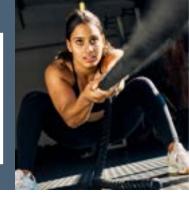
Non Activewear





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## VEWEAR



HABITS OF ALL RESPONDENTS (ACTIVE AND NON-ACTIVE)

AVERAGE # GARMENTS OWNED AND WORN FOR EXERCISE



**Bottoms** 



Bras (Women only)

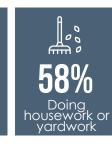


Sweatshirts, Hoodies, Pullovers, or Fleece

Outerwear/ Shell Layers



















Stretch

### PREFER COTTON FOR ACTIVEWEAR % PREFER ACTIVEWEAR MADE OF COTTON OR COTTON BLENDS FOR



Hanging out at home



Running errands



A light workout



A tough workout

TO LOOK FOR PERFORMANCE FEATURES WHEN SHOPPING FOR ATHI FTIC APPAREL



**67**%

Easy Care



66%

Chafe resistant



64%

Moisture management



63%



willing to pay more for cotton activewear with desired performance features

Odor resistant

